Low Cost Bicycle Helmets and Other Bike Safety Programs (Updated 2012 by Steve Sitcov, PLLC)

Organization	Contact Information	Details
Auburn Regional Medical Center	Chris McGrath	\$5 , every third Saturday of the month, Noon – 1:30 p.m
Plaza One, 202 N. Division Street Auburn, WA 98001	253-217-9632 Email: <u>chris.mcgrath@uhsinc.com</u>	The fitting is free. Helmets are available for children as young as 12 months and for adults of all ages. Children must be present for fitting at time of sale.
	http://www.auburnregional.com/Com munity-Events/Safety-Education	
Bellevue Police	425-452-2880	First 50 children receive a free helmet, after that helmets are available for \$9.00. This offer will take place at the Child Safety Fair, May 14, 2011, 11:00 – 3:00, 4055 Factoria Mall SE Bellevue, WA 98006.
Bike Works	206-725-9408	\$15 and up; all sizes
3709 S Ferdinand St., Seattle, WA 98118	Email: <u>info@bikeworks.org</u> www.bikeworks.org	They also have the program, "Earn-a-Bike". Students 9-17 years old learn bike repair and upon course completion are given the bike- a helmet and lock are also provided. The fee for the course is sliding scale, pay what you can: \$5 / \$60 / \$90 / \$150 (scholarships available).
Bothell Fire Department	Lisa Allen & Kristen Clemens	\$10 helmets for children and adult s who are Bothell residents.
10726 Beardslee Boulevard Bothell, WA 98011	425-486-1678	
	lisa.allen@ci.bothell.wa.us	
Cascade Bicycle Club	206-957-4439	\$10 bike and multi-sports helmets available by appointment or at special summer events. For a listing of event locations and times please visit their website.
7400 Sand Point Way NE, Building #138 Seattle, WA 98115	Email: <u>cmpa@cascadebicycleclub.org</u> http://cbcef.org/bike-helmet-sales.html	
Children's Hospital and Regional Medical Center	206-987-2000 866-987-2000	Free bike helmet fittings and giveaways offered at 5 different events this year, visit their website for locations and dates.
4800 Sand Point Way NE, Seattle, WA 98105	Makesurethehelmetfits.org	Their website also offers a "How To Fit Your Helmet" video, and downloadable helmet fitting instructions in English and Spanish.

Duvall Firefighters Association	425-222-5841	\$10 bike helmets for youth available during the annual Duvall City Festival, June 5, 2011.
Fall City Fire District #27 4301 Southeast 43rd Street Fall City, Washington 98024	425-222-5841	\$8 bike helmets for youth. They will also work with schools to coordinate helmet fitting and safety programs.
Helmets R Us	www.helmetsrus.net 253-627-2121	They offer bulk helmet orders, minimum order or 24, for groups and organizations. Prices start at \$3.65 - \$12.95 per helmet.
Injury Free Coalition for Kids of Seattle & Harborview Injury Prevention & Research Center 325 9 th Avenue, Seattle, WA 98104	Denise Gonzalez 206-744-9457 Injuryfree.org	Low cost children's helmets and fittings are offered three times a year at various community events, please visit their website for more information.
MultiCare Kent Clinic 222 State Ave N., Kent, WA 98030	Deb Wills 253-372-7729	 \$7 bike helmets, \$10 multi-sport style helmets and \$15 ski helmets offered every Thursday from 3-5 p.m. They also provide \$14 life jackets or free life jacket loans.
Northshore Fire Dept. Lake Forest Park Station #57: 17020 Brookside Blvd. NE, Seattle, WA 98155	425-486-2784 www.northshorefire.com	\$7 bike helmets, \$8 multi-sport helmets and \$6 toddler helmets. Drop by during business hours to purchase.
Redmond Town Center Police- Fire Substation 16321 NE 74 th Street, Redmond, WA 98052	Nicole Rogers 425-556-2692 Redmond.gov/PublicSafety/Police/Op erations/Substation/	\$10 bike helmets every Monday, Tuesday and Thursday- 11:00 –-3:00. Every 1 st and 3 rd Saturday- 12:00 – 3:00. They also provide pedestrian and bike safety education on-site to school field trips.
Renton Valley Medical Center	425-626-5577 http://www.valleymed.org/Our_Servic	\$8 helmets and free fittings offered at 4 community events this year please visit their website for locations and dates.

	es/Rehabilitation_Services/Bicycle_H elmets.htm	
South King Fire & Police	Kendra Kay 253-946-7247 www.southkingfire.org	\$7 bike helmets for kids and adults provided at community events throughout the year. Please call or visit their website for event updates.
University of Washington, Hall Health Center 1100 NE Campus Parkway (Condon Hall Rm. #721), Seattle, WA 98105	Mark Shaw 206-616-8476	 \$14 for helmets that fit ages 9 and up. \$15 multi-sports helmets for ages 10+ \$35 ski helmets for ages 10+ Please make an appointment to purchase a helmet. They also sell other safety-related bicycle accessories.
Valley Regional Fire Authority Station #31 1101 D St. NE, Auburn, WA 98002	425-483-2131 Vrfa.org	\$5 bike helmets for youth available.